

## **CASE MANAGEMENT THROUGH THE EMMCA**

The East Madison/Monona Coalition of Aging (EMMCA), located at 4142 Monona Drive, Madison, WI, has three case managers, Judy Tegtman, Gwen Goos and Ann Blasczyk, who work with elders sixty years and older in Monona and the far east side of Madison. All are social workers with Master's degrees and many years of experience.

The goal of EMMCA's case managers is to help elders remain in their homes as independently and as long as possible. We accomplish this goal by helping elders and their families find and access the services and resources they need including both paid and volunteer services. Case managers provide the assessment and referral information free of charge and all information provided to the case manager is confidential. Case managers meet with elders and families in their homes, at our office, or at the Monona Senior Center to assess needs, provide information regarding available services and resources and to help elders access the services/resources they need. We also facilitate a monthly support group for caregivers.

We receive referrals from many different sources including the elder or his/her family, hospital discharge planners, home health agencies, nursing homes, neighbors and many others. Referrals can be made to our agency by calling 223-3100 and asking to speak to an intake worker. A case manager will follow-up on referrals as needed.

Some of the services and resources that a case manager can discuss with you include transportation, home delivered meals and nutrition sites, housing, home chore and personal care options and many others. The Coalition has an on site adult day center and coordinates the Monona Hills and Monona Meadows nutrition sites. We also coordinate a volunteer home chore program and an intergenerational program.

Please call us at the EMMCA office at 223-3100 for more information, or visit the case manager during her office hours at the Monona Senior Center on the 3<sup>rd</sup> Wednesday of each month between 11:00 AM and 12:00 Noon.